



Love Everything Heart

Our flirtatiously fun fuchsia wall heart is a great first dyed batting project for any DIY enthusiast. Easy & neat dyeing paired with hand twirled spiral curls make this fiber art project amazing!

What's Needed:

Natural Cotton Quilt Batting Medium (cut (4) 18" x 36" pieces)- Fairfield

One Step Tie Dye Kit (2-13oz bottles, fuchsia or favorite colour) - Tulip

Large Paper Mache Heart (10" x 12") or Foam Core Board

Gorilla Glue Sticks and Hot Glue Gun

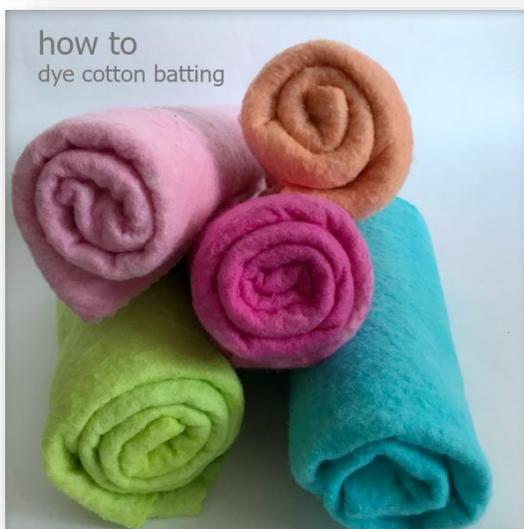
Plastic bag- Zip Close (2 bags)

Plastic Gloves (included in dye kit)

8" Non-Stick Scissors- Fiskars

Craft Knife (if cutting heart form from Foam Core Board)- Fiskars

How To Make It:

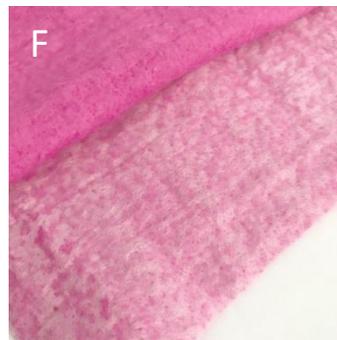
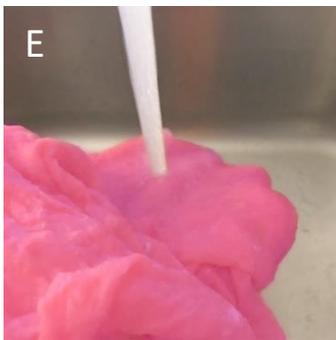
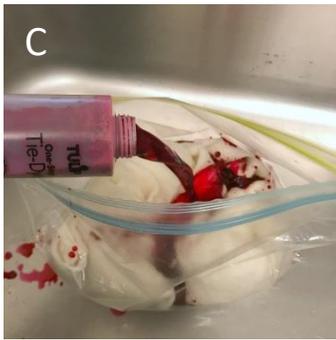


Cotton batting is super easy to dye and fun to craft with. Basic dyeing instructions are given below, however, if this is your first project or if you have any questions, see our detailed basic technique PDF.

Click link now!

<https://www.bluarlan.com/wp-content/uploads/sites/5414/2019/04/Cotton-Batting.pdf>

How To Dye:



A- Select colour dye. Two 13 oz bottles will be needed if making the large paper mache heart.

B- Fill the dye bottle with cold water. Place cap on and shake well to dissolve pigments.

C- Fluff two 18" x 36 pieces of batting into the bag. Pour dye over the batting. Add 5 bottles of water in the bag.

D- Press air out of bag while closing. Work the dye around the batting. If needed, put a plastic glove on, open bag and lightly knead the dye into the batting. Press air out of bag while closing. Let bag set for 9 hours.

E- Open bag. Set batting under running water to remove excess dye. Press water out occasionally. Repeat until clear water flows from batting.

F- Gently squeeze (do not wring) excess water out. Hang batting to dry.

Heart Form:

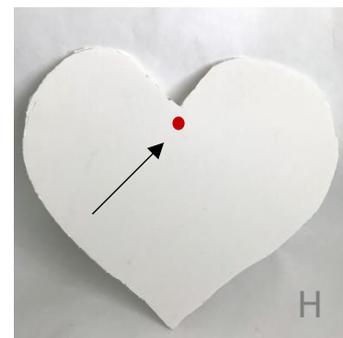
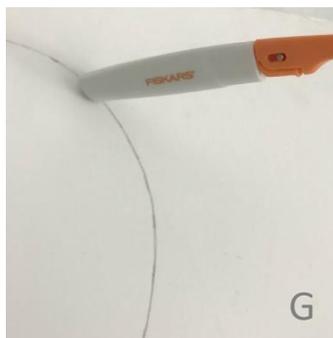
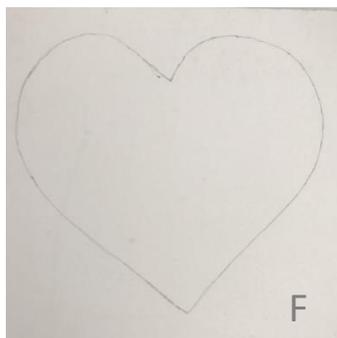


E- Paper mache hearts need no prep (curved heart shape).

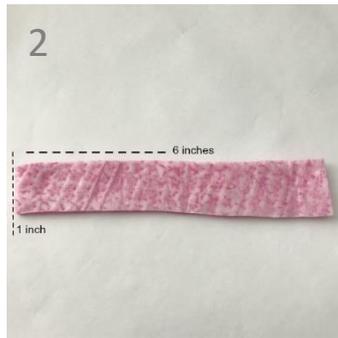
F- To cut a hear from foam core, download and print out the heart pattern given below (flat heart).

G- Trace heart shape on the board. Cut shape out using a craft knife on a cut safe surface

H- Cut a small opening in the top center, thread a string or cord through and knot to create the loop holder.

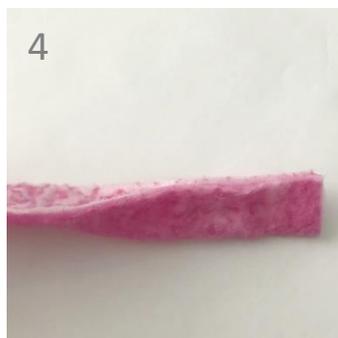
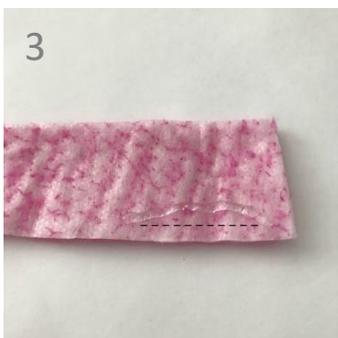


How To Twirl The Button Curls:



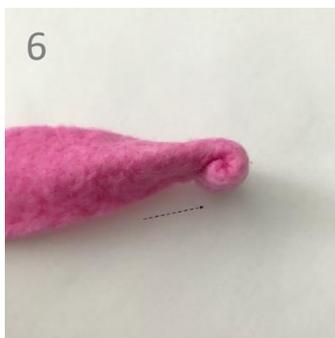
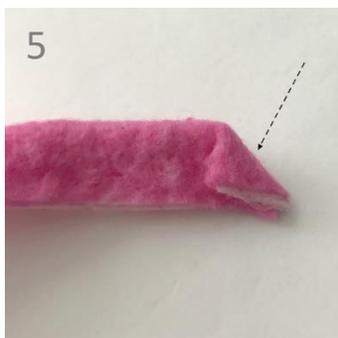
1- The heart form is completely covered with button curls, so you will be making a lot of these.

2- Begin by cutting 20 strips of dyed batting 1" x 6". Length can range from 6" to 7". Longer strips make bulky curls.



3- Place a strip on a flat surface backing side up. Run a 1/2" line of hot glue on one outer edge (*lengthwise*).

4- Fold strip in half. Hold a few seconds until glue sets.



5- To twirl a curl, hold the folded side of the strip up and fold the cut end diagonally.

6- Begin twirling the strip around the tucked in end.

7- Fold strip in half while twirling the curl in a circular motion. *Curls can be twirled loosely or tightly but should be consistent to create a good shaped heart.*



8- To finish the curl, run a 1/2" line of hot glue in the center of the folded batting strip.

9- Press sides together to close strip.

10- Cut the glued end on the diagonal.



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11- Run a ½" line of glue on the inner side of the strip.

12- Twirl end onto the curl to secure.

Note: The spiral of the curls may all be different due to the batting, it's the tension used to twirl the curls that matters.



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13- Turn the curl over and cut off the batting peak in the center if visible.

14- Continue twirling curls.

Note: We used 255 curls to make our heart. We twirled our curls in sets of 50, gluing each set on the form after they were made.

Gluing Curls On:



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15- Turn curls over to expose back.

16- Cover the back of the curl with hot glue.

Note: It's easy to mistakenly put glue on the front side of a curl. If this happened, it will ruin the curl, and another will need to be made.



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17- There are numerous ways to cover the form with curls. We choose to work from the center out. For this method glue one curl in the center.

18- To set a pattern, glue a circle of curls around the center curl.



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19- Glue the next ring of curls between the last placement. Repeat.

20- Fill in the entire heart form with curls. *Note: Occasionally smaller curls may need to be made to fit into smaller spaces. Simply cut shorter strips 4" to 5" and twirl.*



21- Glue the curls over the top working towards the forms edge.

22- To fill in the edges glue curls slight above the edge of the hearts.

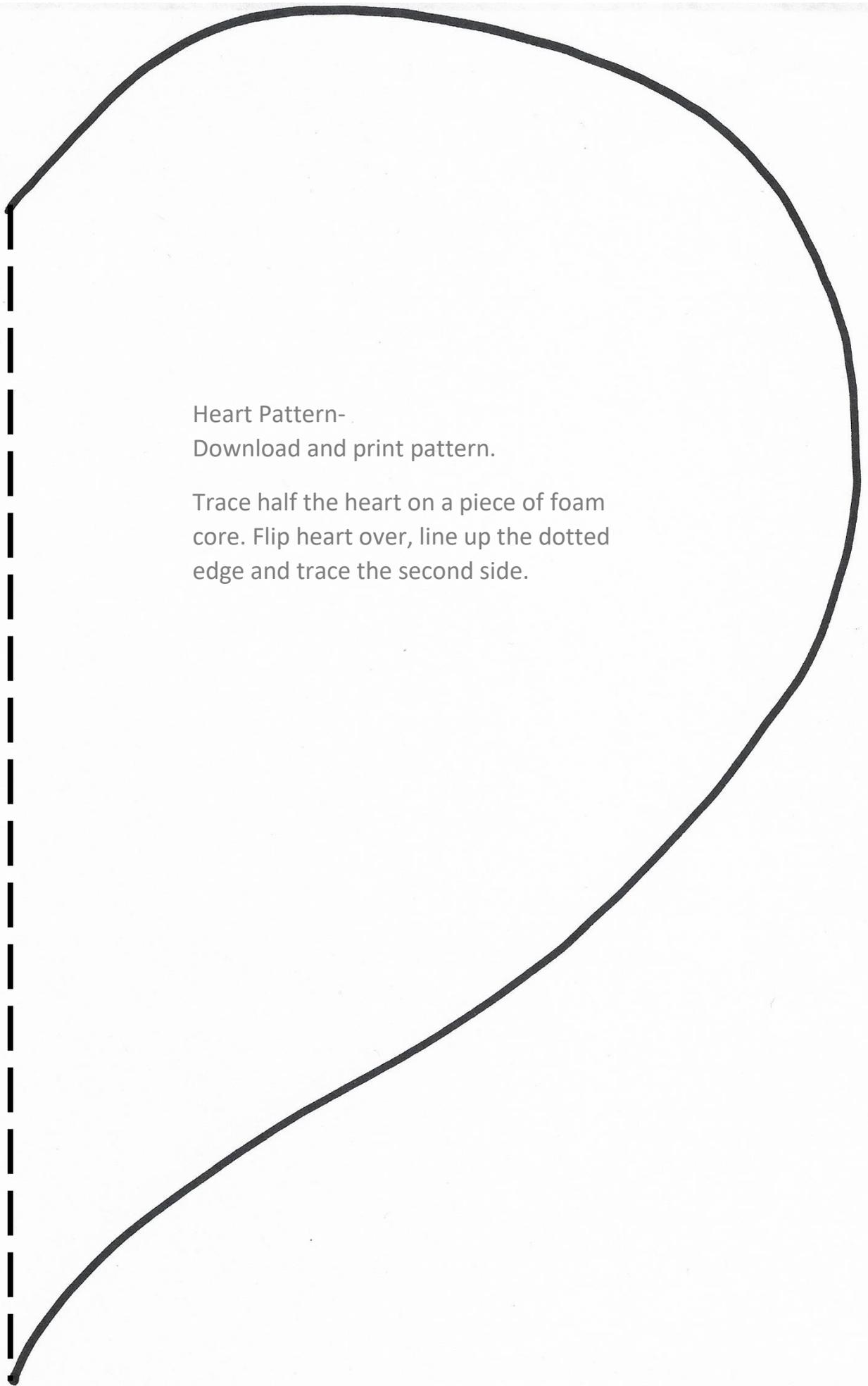
23- Do not center/glue curls directly on the edges rim, this will keep the heart from sitting flush against the wall.

24- After all curls have been attached, examine the batting to find and remove any webs left by the hot glue.



The finished heart can be made into all kinds of art.

Leave it plain, incorporate it into party décor (giving the finished heart as a birthday memento) or add your own creative touch.



Heart Pattern-
Download and print pattern.

Trace half the heart on a piece of foam core. Flip heart over, line up the dotted edge and trace the second side.