

Basic Technique



Happy Heart

Let's get crafty with the kids and create a project to celebrate love. Our playfoam® Happy Heart is easy to make. Frame finished heart to preserve shape. Hang or give as a special valentine.

(heart pattern given fits a 5" X 7" shadowbox)

What's Needed:

playfoam® (Classic Jumbo Pod/Sparkling Pink) – Educational Insights®

Frame (5" x 7" Whitewash Shadowbox)- Amazon/The Simple Things

Scrapbook Paper- (your choice on paper colour and pattern)

Glue Stick (for paper) - Staples®

Fine Point- Sharpie®

Glue Sticks Gorilla®

Hot Glue Gun

Wooden Craft Stick

8" Scissors and Craft Knife- Fiskars®

playfoam®

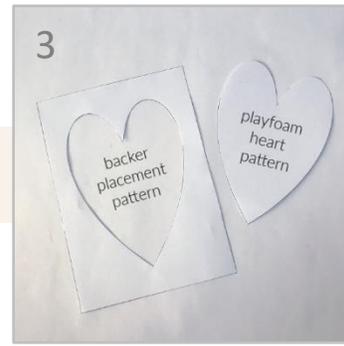
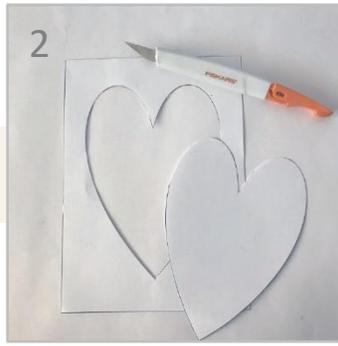
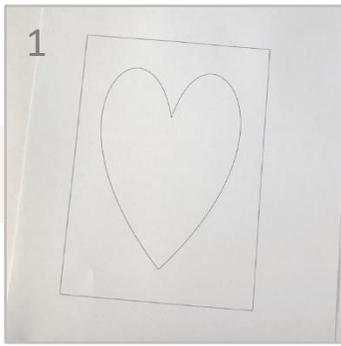
playfoam® comes in a variety of colour and size options.

For our Happy Heart, we used a Classic Jumbo Pod in sparkling pink (it's just the right amount)!

Be creative! Try mixing colours together or make a glow-in-the-dark playfoam® heart. Stick glue paper embellishments on or wrap with colourful yarn for a super-duper fabulous heart.

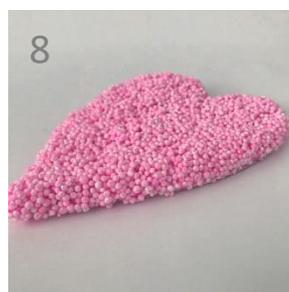
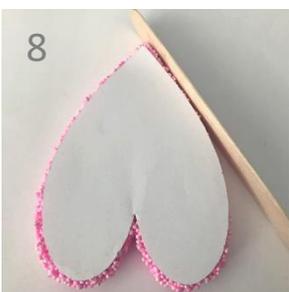
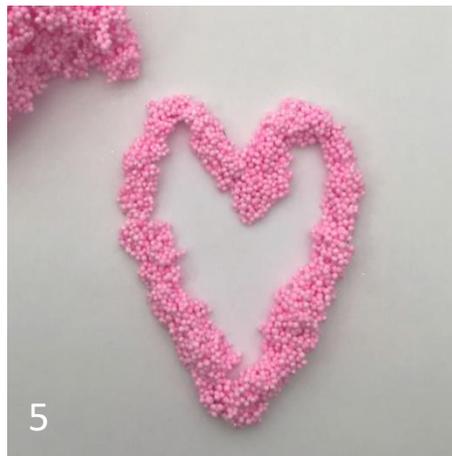


How To Make It: Patterns (parent stuff)



- 1-Download and print out rectangular heart pattern (*fits a 5" x 7" frame, see below*).
- 2- Place pattern on a cut safe surface. Cut the center heart out using a craft knife.
- 3- Note: *Cut heart pattern will be used with the playfoam[®], backer placement pattern for framing.*

How To Make It: Sculpting The Heart (kid stuff)



4, 5- Outline the paper heart with pieces of playfoam[®]. Press playfoam[®] pieces together to bond.

6- Fill in the center of the heart with playfoam[®].

7- Shape the playfoam[®] heart using hands.

Note: playfoam[®] will remain squishy. Applying pressure while shaping may cause the playfoam[®] to expand off the pattern's edge. No worries as it will be pushed back in step 8.

8- Flip heart over (*back side*). Place on a clean surface. Lightly press stick against the heart's edge to define the shape. Flip heart over (*front side*) to round the edges and smooth the top.

Heart should be approx. ¼" (or slightly thicker). Keep paper heart pattern attached. Set finished heart aside until frame is ready.

How To Make It: Framing *(parent stuff)*



9- Place frame and selected scrapbook paper on a flat work surface.

10- Flip frame over and flip metal holders up.

11- Remove cardboard backer from frame.

12- Set cardboard on paper. Trace size then cut paper with scissors. Cover the edges and center of the cardboard with the stick glue.



13- Set paper on top of the cardboard backer. Smooth paper down with hand. Let dry.

14- Place rectangular heart pattern over the paper covered cardboard. Trace the center heart using a pencil.

15- Lift pattern off cardboard backer.

16- Turn playfoam® heart over. Run a bead of hot glue around the edge of the paper pattern and in the center.



17- Place heart glue side down on top of the pencil heart shape. Sandwich cardboard backer between hands. Lightly press against the cardboard backer to ensure a glue bond. Reshape playfoam® heart with craft stick if needed.

18- Using a fine point Sharpie, date and sign *(kid stuff)*. Be creative with the placement.

19- Place cardboard backer in frame, press metal tabs down and insert holder.

Heart and Heart Placement Pattern: 5" X 7"

